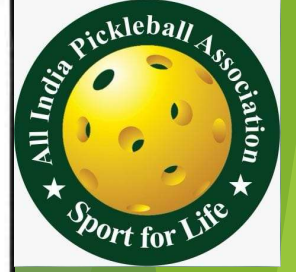
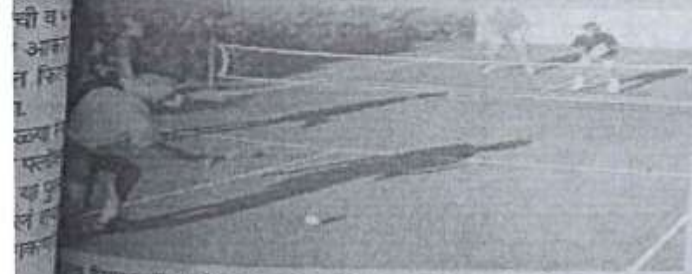


प्रज्ञातद्वार पिकलबॉल

दिनांक ८-८-२००९
पृष्ठ ८-२००९



तर अमेरिकेतील सर्वाधिक लोकप्रिय खेळ कोणते. या प्रश्नाच्या उत्तरात जो नाव येतील तो सर्व आपल्या परिचयाची असतात. म्हणजे व्हा. फुटबॉल, बेसबॉल, हॉकी सर्व खेळ अनेक वर्षांपासून खेळले जात असल्यामुळे त्यांची माहिती असते. परंतु असा कोणता खेळ अमेरिकेत सध्या सर्वात वेगाने लोकप्रिय होत आहे? यावर आहे पिकलबॉल. कॅनडा-अमेरिकेतील आबालबुझना या खेळाकडले आहे. शारीरिक खेळाचे आकर्षण असलेली या खेळात सध्या पिकलबॉलच्या प्रेमात पडलेली आहेत. तीस अमेरिकन काँग्रेसमनने पिकलबॉलचा शोध लावला आणि या खेळ राष्ट्रीय चॅम्प्यॉन विषय बनला आहे. कॅनडातील काँग्रेसमन शारीरिक शिक्षणाच्या तासांला पिकलबॉलचे धडे देतात आणि जोडीला तिथल्या वृद्धाव्रमातूनसुद्धा हा खेळ खेळतात खेळला जातो. दहा वर्षांपासून ऐंशी व्यापारवृत्त्या



पिकलबॉल खेळण्यासाठी वाटतो. याच वैशिष्ट्यामुळे पिकलबॉल खेळाने लोकप्रिय होत आहे. पिकलबॉल हा संकरित क्रीडा प्रकार आहे. अमेरिकेत याला फ्युजन गेम म्हणून गेम म्हटले जाते. टेबलटेनिस, बॅडमिंटन आणि लॉन टेनिस या खेळांपासून पिकलबॉल या नव्या खेळाची निर्मिती झाली आहे. रिकेट आणि बॅडमिंटन खेळण्याचा हा खेळ बॅडमिंटन खेळाकडले आहे. फुटबॉल फुटबॉल एवढाच आहे की, पिकलबॉलसाठी फुटबॉल गोल आहे. बॅडमिंटन कोर्टावर टेनिसच्या अंगाने खेळला जातो. खेळ किंवा बॅडमिंटन जागेत खेळल्या जाते. पिकलबॉलची रिकेट साधी असते. पिकलबॉलच्या रिकेटला फुटबॉल आणि ही टेबलटेनिसच्या रिकेटपेक्षा लांब आणि लॉन टेनिसच्या रिकेटपेक्षा अर्धवट असते. संपाद लाकडी फ्लॅक्युटापासून बनविलेले रिकेट गोल आहे. यावर पिकलबॉल असत नाही. या खेळात याच्या बॅडमिंटन आहे की, ज्याला पिकलबॉल म्हणतात.

बॅडमिंटन, टेबलटेनिस व टेनिस अशा विविध खेळांचा स्पर्श असलेला एक आगळावेगळा क्रीडाप्रकार म्हणजे 'पिकलबॉल'. लोणच्यात (पिकल) असलेली विविध चवीची रेलचेल पाहता या खेळाला हे नाव समर्पकच वाटते.

यजनाला हलका व पोचळ असा पिकलबॉलला जाळी असल्यामुळे हा खेळ धीम्या गतीने उरते. या सांझिकच खेळ परतवायला सोपा जातो. पिकलबॉलच्या याच वैशिष्ट्यामुळे टेबल, बॅडमिंटन, लॉन टेनिसमधल्या अवघडपणा या खेळात असत नाही. सर्व वयोगटात हा खेळ लोकप्रिय होण्यामागचे हे एक प्रमुख कारण. पिकलबॉल एक टप्पा येऊन परतवता येतो किंवा खाली पडतीलसुद्धा खेळता येत असल्यामुळे या खेळातील चपळाई खेळाडूंच्या इच्छा आणि युक्त्यावर अवलंबून असते. खेळाडू चपळ असतील तर वेगवान खेळ ते खेळू शकतात आणि याच्या उलट जर यजाने ज्येष्ठ खेळाडू खेळत असतील तर धीम्या गतीनेसुद्धा या खेळाचा आनंद घेता येतो. एकेरी किंवा दुहेरी पद्धतीने खेळता येणाऱ्या या खेळात दमछाक होत नाही. कारण पिकलबॉलचा फटका मारण्यास ताकद लावणे लागत नाही. परंतु या खेळासाठी मनगटाचा वापर कमी आणि खांद्याच्या लवचिक हालचाली जास्त कराव्या लागतात. लॉन टेनिसमध्ये अशा तऱ्याचा वापर होत असल्यामुळे पिकलबॉलला टेनिसची लघु आवृत्ती म्हटले जाते.

ज्या खेळाडूंकडे पदलालित्याबरोबर हात-पाय डोळ्याचे समन्वय योग्य आहे असे खेळाडू अवघ्या १५ मिनिटांत पिकलबॉल आत्मसात करू शकतात. अधिकृतपणे पिकलबॉलसाठी बॅडमिंटन कोर्टावरही जागा जरी लागत असली तरीसुद्धा फुटबॉलही कठीण संपाद जमिनीवरसुद्धा पिकलबॉल रंगू शकतो. म्हणूनच कॅनडात हा खेळ पाकिस्तानच्या आगेत किंवा मोकळ्या रस्त्यावरसुद्धा खेळला जातो. कॅनडात कौटुंबिक खेळ म्हणून मानला जाणारा पिकलबॉल एक 'स्पर्धात्मक खेळ' म्हणूनसुद्धा खेळला जातो. अकरा गुणांचा एक सेट अशा तीन सेटमध्ये पिकलबॉलच्या मॅचसु खेळल्या जातात. पिकलबॉल खेळाची अमेरिकन शिखर संख्या म्हणून यूएसएपीए ही संघटना कार्यरत असून त्याची वेबसाइट खुप मनोरंजक आणि माहितीपूर्ण आहे. पिकलबॉलच्या वैशिष्ट्यांमुळे या खेळात मजा आहेच. जोडीला पुरेसा व्यायामसुद्धा आहे. धारतासारख्या देशात पिकलबॉलला प्रसार होणे खुप आवश्यक आहे. कारण आपल्याकडे उच्चरक्तदाब, हृदयरोग, मधुमेहास्त अनेकजण, सुयोग्य व्यायाम प्रकरणाच्या शोधात असतात. अशासाठी पिकलबॉल हा एक उत्तम पर्याय ठरू शकतो. **॥ सुनील यालावलकर**

Twelve years' Journey of AIPA
Major Milestones (from 2007 till 2019)

On 9th September 2007 published first ever Media Article about Pickleball in Loksatta a leading newspaper of Mumbai.

On 13th March 2008, 8 Sports lovers got together and decided to set up organization to promote Pickleball in India .

(Those 9 months were really painful period , unforgettable efforts , since at every stage we stumbled upon new obstacles and we overcome with great difficulty , finally)

On 12th December 2008 AIPA got license from Registrar of Companies, Government of India as a Section 25 company registered under the Indian Companies Act, 1956 whose status is at par with Society and/or Trust.

During the year 2007-08 AIPA made number of demos in and around Mumbai city and outside Maharashtra as well , for e.g. Atul Co .Ltd Gujarat. One of the event was Times of India Festival , and was held at Patkar College of Goregaon .

During the same period media both Print and Electronic ,started taking extensive note of Pickleball.

1st May 2008 conducted first ever 8 days school camp at St.Thomas High school in Goregaon , subsequently for next 6 years , in every summer vacation we conducted this training camp. For first 2 years we were at St.Pious camp and latter on we shifted in the school premises itself.

During the year 2008, half an hour interview was telecasted on ETV which was responsible to get maximum enquires to get affiliations from various Districts from the State of Maharashtra.

Interview on ETV lead to conducting the first State level Work Shop at Dhule where sports lovers from 12 Districts of Maharashtra experienced Pickleball. Since then Pickleball started growing in the State of Maharashtra .

On 2nd April 2009 AIPA launched its website www.aipa.in , latter on it became www.aipa.co.in

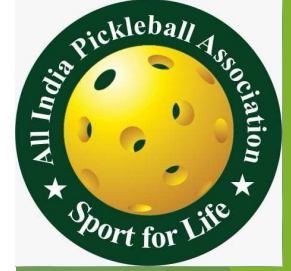
15th July 2009 visited Ahmedabad in Gujarat State and presented the demo of Pickleball, before Law College Students and Railway's officials .

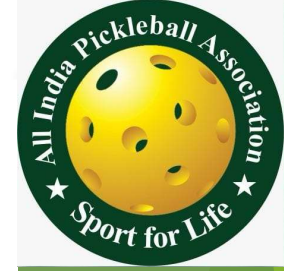
17th November 2009 , on invitation from Shri Rahul Gandhi ji AIPA presented Paddles and Balls to Hon 'ble Gandhi Sir at 10 Janpath in New Delhi.

During the year 2010, AIPA got affiliation letter of International Federation of Pickleball, USA

17th December 2010 , first District level Tournament was held at Kalyan in the State of Maharashtra, where 65 school children participated in the one day event.

17th February 2011 , for the first time Douglas Smith from USA came to India for 3 days tour, latter on every year he became our esteemed guest whose support is invaluable for AIPA.





3rd November 2011 1st Inter District State level Tournament was held at Ahmednagar where players from 10 Districts of Maharashtra took part.

5th February 2012 visited Jaipur for Demo of Pickleball where over 20 players played and latter on they started club at Jaipur, subsequently State of Rajasthan produced number of talented players.

1st Sept 2012, organized first ever All India level Seminar at Sports Authority of India, in Mumbai where delegates from 16 States participated and out of them 5 States were granted affiliations.

30th Dec 2012 2nd Inter Dist Tournament at Sangli

9th June 2013 Inter Dist Tournament at Anheri

20th December 2013 conducted first ever All India Open Tournament at Andheri, Mumbai where teams from 10 States of India took part. From this tournament onwards Media, Government and other Stake holders started taking serious interest in Pickleball. During the same period Government of Maharashtra sanctioned Pickleball as official sport for Inter School Competition. This tournament was a major milestone in the promotion of Pickleball in India.

During the year 2013 conducted 3rd Inter Dist Tournament at Ahmednagar

18th May 2014 Atul Edward from Mumbai participated in the International tournament at Netherlands where he got Gold Medal in Doubles category.

26th July 2014 2nd Inter Dist (Mumbai) Tournament at Andheri

22nd Aug 2014 at Ahmednagar conducted 4th Inter-Dist (State) Tournament And also 1st U/19 tournament at same venue

20th December 2014 AIPA conducted 2nd All India Open Tournament at Andheri Mumbai where teams from 12 States participated.

Some where in the same period, conducted mini tournament in collaboration with Lions club of Santacruz.

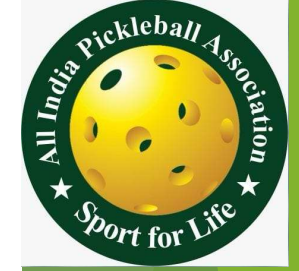
Introductory demos were continued in full swing all around Mumbai and elsewhere, Khar Gymkhana, Bandra Ghmkhana, Bombay Gymkhana, Navi Mumbai Sports Association, Kamgar Kalyan Kendra, many housing societies, clubs, VIPs Corporates, etc. Vile Parle, Bandra, Goregaon, Vasai, Safala, Bhaynder, Mulund

10th Feb 2015, 1st Inter Dist, DSO approved tournament at Ahmednagar U/19

On May 2015 AIPA constructed its first ever dedicated Outdoor court at Andheri.

23rd May 2015 3rd Inter Dist (Mumbai) Tournament at Andheri

19th June 2015 at Jalgoan (Chopda) 5th Inter Dist (State) Tournament.



26th June 2015 AIPA conducted 3rd All India Open Tournament at Panipat ,in Haryana State where 14 States Teams took part and made this tournament a memorable event. Doordarshan Sports (DD Sports) covered the final matches and repeatedly telecasted the event due to which Pickleball is reaching at the nook and corner of the County .

During the same period Global Community of Pickleball also started taking note of efforts of AIPA. Pickleball Central published, 2 part blog about journey of AIPA on their website.

28 and 29th November 2015 at Patna , Bihar , 3 Inter State Tournament was held

During the same period we took part in Equal Street Festival at Bandra west, latter on at New Mumbai we continued as Happy Street Festival , on every Sunday morning .

During the year 2015 , Anish Mehta and Shanai Mehta went to Spain to take part in the International Tournament and got Bronze medal in Doubles category .

5th December 2015 conducted 1st Mumbai Mayor Trophy Tournament where School children from 25 Schools in Mumbai took part in Event held at Andheri .

9th January 2016 At Safala we launched our 2nd Court and conducted a mini tournament with Aastha Trust.

25th March 2016 Lions Sporting Club at Santacruz , Open tournament

23rd June 2016 at MLDC , Mumbai DSO approved tournament was conducted

25th June 2016 Manish Rao player from Mumbai went to USA to take part in the USA Open Tournament and secured Gold medal in Doubles Category.

(During the said period many players started conducting private Tournaments in and around Mumbai)

4th July 2016 4th Inter-Dist (Mumbai) Tournament at Khar Gymkhana

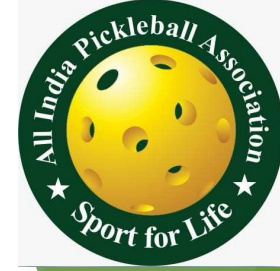
24th September 2016 6th Inter Dist (State) Tournament at Aurangabad
Also at the same venue conducted 1st Inter Dist under 19 Tournament

November 2016 AIPA Conducted 4th All India Open Pickleball Tournament at Jaipur , Rajashtan where 14 Teams , men and women took part . It was held at one of the prestigious indoor Courts , Savai Mansingh Indoor Stadium , Jaipur.

14th January 2017 a private tournament by F3 held at Khar , Mumbai

20th February 2017 a private tournament was held at Bangkok , Thailand where in 26 Indian Players took part and performed exceptionally well.

20th April 2017 a private tournament held at Jalgoan



9th June 2017 first ever Junior National Tournament and Federation Cup Championship held at Deheradun in the State of Uttarakhand where Teams from 15 States have participated.

2nd August 2017, Thane Municipality agreed to use empty space below the fly over bridge at Nitin Company at Thane west for playing Pickleball . Sakal live and IBN Lokmat covered the event.

26th August 2017, a renowned international coach from USA , Mr.Prem Carnot has been invited to conduct a clinic of Pickleball at Khar Gymkhana. 40 players all over India will be attending this 4 hours clinic .

1st and 2nd Oct 2017, 7th Inter Mumbai Dist Tournament will be held at Singhania Sports Complex at Thane . This ultra modern indoor sports facilities which is offered to us by owners is pat on the back of AIPA.

Similarly on 28th and 29th October 2017 first Indian Open Pickleball Championship will be held at Jamnabai Narsi School , Juhu in Mumbai where 20 International players and 60 top seeded Indian players are taking part in this 2 days tournament. This venue also we got it free of cost which is a sign of reorganization to the efforts of AIPA of past 10 years.

In the month of March 2018 , Indian Team participated in the 2nd Bangkok Open Tournament .

August 2018 , 5th Senior National Open Tournament held at Bangalore where nearly 150 players from 15 States took part .

November 2018 , 1st Edition of Super league was successfully organized in Khar Gymkhana in collaboration with Sportscast

December 2018 , 2nd Indian Open Tournament was successfully organized at Goregaon Sports club where 20 foreign and 80 top class Indian players participated .

December 2018 , 1st Ramesh Prabhu Memorial tournament held at Club NX

December 2018 , first time Pickleball was included in Parle Krida Mahovstav which drew fantastic response .

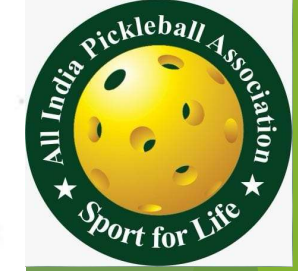
February 2019 , Jaipur Open was organized where more than 125 players took part.

May 2019 , First all Women Tournamnet was held at Khar Gymkhana

May 2019 , first Avengers cup tournament was held at Khar Gymkhana

June 2019 , First JMYDC tournament held at Goregaon west.

**MAJOR TOURNAMENT ORGANISED BY
ALL INDIA PICKLEBALL ASSOCIATION (A.I.P.A)**



All India Pickleball Association (AIPA) has been organizing major Tournaments as mentioned below, since the past decade.

Sl. No.	Tournament	Year Held	Held in Place	
			District	State
1.	1 st National Pickleball Tournament	2013	Mumbai	Maharashtra
2.	2 nd National Pickleball Tournament	2014	Mumbai	Maharashtra
3.	3 rd National Pickleball Tournament	2015	Panipat	Haryana
4.	4 th National Pickleball Tournament	2016	Jaipur	Rajasthan
5.	All India Federation Cup	2017	Dehradun	Uttarakhand
6.	1 st Indian Open	2017	Mumbai	Maharashtra
7.	5 th National Pickleball Tournament	2018	Bengaluru	Karnataka
8.	2 nd Indian Open	2018	Jaipur	Rajasthan
9.	1 st National Ranking Tournament	2019	Pune	Maharashtra
10.	2 nd National Ranking Tournament	2021	Dombivli, Thane	Maharashtra
11.	6 th National Pickleball Tournament	2022	Hyderabad	Telangana
12.	5 th Bainbridge Cup World Cup	2022	Mumbai	Maharashtra
12.	U.P Open Pickleball Championship (from 21 st – 23 rd April, 2023)	2023	Noida	Uttar Pradesh
13.	3 rd National Ranking Tournament (scheduled from 19 th – 21 st May, 2023)	2023	Margao	Goa

Besides these, there are many Open Tournaments which have been held in various parts of the country. Internationally, our Indian Players have also participated in the Asia Open Championship at Phuket, Thailand in 2022 and 2023 and World Championship at Bali, Indonesia in 2022 where they performed brilliantly and won many medals in different categories.



Pickleball Game With Difference

ANYBODY
Can PLAY

SPORTS FOR
8 to 80
Years

**STRESS
BUSTER**

**FITNESS
SPORT**

Indoor and
outdoor
experience

Pickleball... the name is interesting and so is the game. It is a recreational bat & ball game. The ball is an oversized ping, pong ball. Pickleball is played on a hard court (20 X 44 feet) with 3 feet net placed along the ground.

It offers benefits of Lawn Tennis + Badminton + Table Tennis in one single sport. The playing style is similar to that of Lawn Tennis, so Pickleball is also known as Mini Tennis.

Pickleball promoted in India by:

All India Pickleball Association

(Affiliated to International Federation of Pickleball, USA)
Tax Benefit under section 80G, License No. RS/25/(1)58/09/12075
CIN: U74990MH2008NPL188856

Sport approved by
Maharashtra Govt.

www.aipa.in



Sports for All

All India Pickleball Association

• What is Pickleball?

Pickleball is a racquet sport which combines elements of badminton, tennis, and table tennis. The sport is played on a court with the same dimensions as a doubles badminton court. The net is similar to tennis net, but is mounted two inches lower. The game is played with a hard paddle and a polymer hollow ball.

• Where Pickleball can be played?

It can be played on any hard (smooth & even) surface, indoor or outdoor. Ideally speaking it requires, it requires court size that of badminton court. It means 20X44 feet court size and the center net should be lowered down to 3 feet height from the ground.

• What is unique in "Pickleball"?

It is a hybrid sports. It consists of 3 sports. Badminton plus lawn tennis plus table tennis. Pickleball is made by combining the techniques of these 3 games.

• Why "Pickleball" is also known as "mini tennis"?

Since the playing style of this sport is closer to that of lawn tennis, many times it looks very similar to tennis.

• What are salient features of its racquet and ball?

Racquet of Pickleball is called paddle and is made of soft wood. It is bigger than racquet of table tennis and shorter than lawn tennis and badminton. Its hollow ball is made of perforated plastic and it has low bounce. The ball is seamless too. Since this ball is very light in weight, it is harmless and non risky.

• How many players can play this sport?

Pickleball can be played either in singles or doubles and mix doubles.

• How it is different than lawn tennis?

Pickleball is a sport where shot placement, steadiness, patience and tactics have a far greater importance than brute power, strength and speed. Most importantly the service of Pickleball is made underhand unlike in tennis where over hand service is must.

• What you gain by playing Pickleball?

This sport enables good eye-hand coordination and it also provides plenty of exercise to keep body fit. In a funfull atmosphere, this sport offers complete workout for the body.

• What are the rules for Pickleball?

The game of Pickleball begins by serving from the baseline. The serve is made underhand by hitting the ball in the air. The service is made diagonally cross court and must clear the non volley zone. The receiving player should take the ball with one bounce and return anywhere in the opposite court and the player who made the service should also hit the ball after one bounce. It means after the ball has bounced once on each side then both the teams can either volley the ball in the air or play it off with one bounce.

• What is non-volley zone?

Non-volley zone is that 7 feet part on each side of the court which is closed to the center net. During the course of the game if a player enters in this zone and hits the ball then s/he is not allowed to volley. It means while playing from this zone a player has to drop the ball in the opposite court.

• What is the spirit behind above rule?

It is simply because the weight of the ball is so light that if a player comes near the net then s/he may hit the ball directly on the body of the opposite player. Thus the rally would end immediately. Hence in order to continue the rally for longer period players are discouraged to enter in the non volley zone. In case s/he enters in the non-volley zone then it is compulsory for him or her to drop the ball in the opposite court.

• How the score is counted?

The game of Pickleball is of 11 points and it is won by difference of 2 points. In this game, point is earned by the player who is serving, it means if a serving player loses the point then serve will brake and it will pass to opponent player.

• What are faults?

By following ways fault would occur in Pickleball.

1. By not making cross service
2. By hitting the ball out of the court
3. By stepping into the non volley zone and volleying the ball
4. By not clearing the net
5. By volleying the ball before it has bounced once on each side of the net



For More
info Visit
Our Website

www.aipa.in

BE FIT AND HAVE FUN

Deductions received are exempted under section 80G of the Income Tax Act 1961.
Vide No.: DIT(E)/MC/80G/938/2012-13 valid for the period from 29.12.2010 onwards
Notified as Trust under No 42683 dt.6.11.2009 u/s 12A(1) of Income Tax Act 1961.





All India Pickleball Association (AIPA)

Mission

AIPA being a pioneer for introducing Pickleball in India, we are responsible for its promotion, development and enjoyment in the country.

Vision

AIPA intends to be the most respected sports organization in India. We will achieve this vision by adopting following strategies.

- Use Pickleball as a tool for the fun and enjoyment of physical activities.
- Ensure mass participation in the game of Pickleball all across the country
- Offer Pickleball as a family sport
- Facilitate achieving excellence for those players and coaches who aspire to reach the highest level in the sport by conducting tournaments, training and research in the field of Pickleball.
- By fostering Pickleball we wish to emphasis the Right to Play for every citizen in India

Core Values

AIPA respects dignity of labour in all spheres of life.

पिकलबॉल-टेनिस के प्रचार में जुटे वालावलकर

19/11/21
25-10-2007



राधेश्याम यादव

ठाणे, बैडमिंटन, टेबल टेनिस और टेनिस के ही समान एक नए खेल 'पिकलबॉल' के प्रचार-प्रसार के लिए इन दिनों एक क्रीड़ा प्रेमी सुनील वालावलकर दर-दर की ठोकरें खा रहे हैं।

पिछले दो-तीन सालों से इस खेल को लेकर वालावलकर ठाणे, मुंबई आदि केंद्र सरकार एवं संबंधित विभागों से पत्र-व्यवहार और प्रत्यक्ष मुलाकात कर चुके हैं। लेकिन अभी तक कहीं से भी उन्हें आश्वासन के दो शब्द नहीं मिल सके हैं। वालावलकर ने 'पिकलबॉल' के बारे में बताया कि मूल रूप से इस खेल की खोज अमरीकी कांग्रेसमैन जोएल प्रीचार्ड, विलियम बेल और बार्ने मैक्कुलम ने की थी। 1965 में ही जोएल प्रीचार्ड और उसके परिवारिक मित्रों ने खेल-खेल में ही इस गेम की खोज कर डाली। टेबल टेनिस, टेनिस और बैडमिंटन के मिले-जुले स्वरूप को मिनी टेनिस या पिकलबॉल नाम दिया। पिकलबॉल के नामकरण की भी रोचक कहानी है।

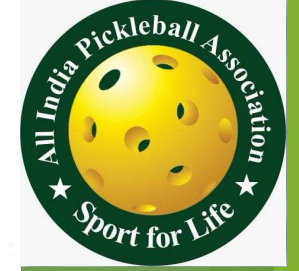
जोएल प्रीचार्ड के पास पिकल नामक एक कुत्ता था, जो गेंद को लाने का काम करता था। जब भी गेंद दूर जाती तो पिकल नामक वह कुत्ता झट से गेंद को उठा ले आता। उसी के नाम पर इस गेम को 'पिकलबॉल' का नाम दिया गया। इस खेल की विशेषता यह है कि इसकी गेंद भारहीन और हल्की वैक्यूम रहित होती है। गेंदों के ऊपर चारों तरफ कई छोटे-छोटे छिद्र बने होते हैं। जिससे इस पर प्रहार करने या जमीन पर गिरने के बाद ऊपर उठती है। धीमी गति से आने के कारण इसको दूसरी तरफ रैकेट से प्रहार कर भेजना आसान हो जाता है। अमरीका में तो बच्चों से लेकर वृद्धों तक में इस खेल के प्रति अच्छा रुझान है। इसे वृद्धजन भी आसानी से खेल सकते हैं। शारीरिक क्षमता के अनुसार इस खेल का आनंद लिया जा सकता है। पिकलबॉल खेल के लिए टेनिस, टेबल टेनिस या लॉन टेनिस की तरह इन्फ्रास्ट्रक्चर या सुविधायुक्त कोर्ट बनाने की आवश्यकता नहीं पड़ती।

**अमरीका में
बच्चों से
लेकर वृद्धों
तक का
रुझान**

कहीं भी खुले और कठोर स्थान पर इस खेल को खेला जा सकता है। इसका रैकेट टेबल टेनिस के रैकेट की अपेक्षा लंबा और टेनिस की रैकेट से चौड़ा होता है। इसे लकड़ी से बनाया जाता है। इसकी गेंद को मारने के लिए अधिक शारीरिक शक्ति नहीं लगानी पड़ती और न ही गेंद को पकड़ने या उस तक पहुंचने के लिए तीव्रता की आवश्यकता पड़ती है। चूंकि हल्का और वैक्यूम रहित होने के कारण यह खिलाड़ियों तक दूर से पहुंचती है। इसलिए बच्चों और वृद्ध भी इस खेल को आसानी से खेल सकते हैं। पिकलबॉल के बारे में कहा जा सकता है कि यह शॉर्ट प्लेसमेंट और धैर्ययुक्त खेल है। इसमें जबरन या अनायास शक्ति, स्फूर्ति की जरूरत नहीं पड़ती। इस खेल में 11 पॉइंट का मापदंड रखा गया है और कोई भी 2 पॉइंट

जोड़कर इस मैक को जीत सकता है। इसे मिनी टेनिस के रूप में भी जाना जाता है। अमरीका में तो इस खेल को लोकप्रिय बनाने के लिए स्कूल स्तर पर शारीरिक शिक्षण के साथ पिकलबॉल प्रशिक्षण की सुविधा भी उपलब्ध कराई जा रही है।

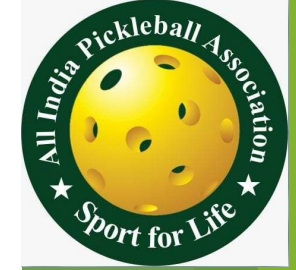
समाज से कटे एवं अलग कर दिए बच्चों को भी इस खेल से जोड़ने के लिए वृद्धाश्रमों में भी इसे गंभीरता से लिया जा रहा है। खिलाड़ियों की चपलता, गति और शारीरिक क्षमता के अनुसार इस खेल का आनंद लिया जा सकता है। भारत में अभी तक इस खेल के बारे में किसी भी संस्था के पास जानकारी उपलब्ध न होने का दावा करने वाले वालावलकर मुंबई और ठाणे जिले में इस खेल को लोकप्रिय बनाने में जुटे हुए हैं। किसी संस्था या क्रीड़ा क्षेत्र द्वारा सहायता के लिए वालावलकर प्रयासरत हैं। उन्होंने कहा कि पिकलबॉल से शारीरिक व्यायाम भलीभांति होता है। उच्च रक्तदाब, हृदयरोग, मधुमेह ग्रस्त रोगियों के लिए भी पिकलबॉल काफी उपयोगी सिद्ध हो सकता है। बल टेनिस, टेनिस और अन्य खेलों की लागत व क्लबों की ऊँची फीस न दे पाने वाले तमाम क्रीड़ाप्रेमियों के लिए भी पिकलबॉल विकल्प के रूप में लिया जा सकता है।



All India Pickleball Association Pledge

I have the right to play.
I play because that's what kids do.
I play because it keeps
me fit and young.
I can play any way
and anywhere.
I play with my family,
my friends or by my self.
I play fair with respect
for myself and others.
I play every day.

AIPA

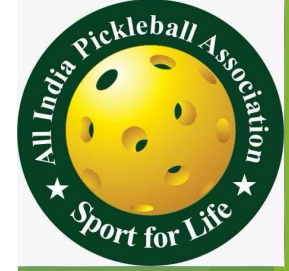


१० पुढारी
रविवार, २३ ऑगस्ट २००९





INTERNATIONAL FEDERATION OF PICKLEBALL



The International Federation of Pickleball (IFP), the world governing body of pickleball has elected Sunil Valavalkar to the Board of Directors as an At Large Member for 2019-2020. Sunil is the Founder and Director of All India Pickleball Association (AIPA) and brings a wealth of experience and knowledge of the sport of pickleball.

I would like to share his story with our member countries and hope that you find it inspiring, as I have. It all started in 1999 when Sunil took a trip to Hope BC, Canada. He was introduced to pickleball and was immensely intrigued and enamored by the game. Like so many of us he became addicted and played every morning during his visit. Although the game had taken a special place in his heart, other priorities of raising a family, put pickleball on hold for the next several years. In 2007 it was once again rekindled and from that day growing pickleball in India

became his passion. In those early days of developing and teaching pickleball there were many obstacles that would have made many of us give up, especially when his very own local Tennis Club gave him a stern "NO" to pickleball. Sunil and eight of his closest friends never gave up and on April 13th, 2008 they signed a Memorandum of Association to form All India Pickleball Association. It was not until December 2008 that they finally received the green signal from the Government and was awarded with a Certificate of Incorporation. All India Pickleball Association became one of the very first member countries of the International Federation of Pickleball. Over the next 8 years and under the leadership of Sunil and his dedicated directors of AIPA, they have accomplished many goals. They held the first District level tournament in 2010, the first and second Inter District State tournament in 2011 and 2012. The All India Pickleball Association organized the first All India Seminar of Sports Authority of India in 2012 where delegates from 16 states participated. This event was held in Mumbai and during this event 5 states were granted affiliations. It was in May 2015 when AIPA constructed its first ever dedicated outdoor pickleball court at Andheri. More tournaments, clinics and events have taken place over the years with yet another first. It was June 2017 that the Junior National Tournament and Federation Cup Championship was held at Dehradun in the state of Uttarakhand where teams from 15 states participated. Under the leadership of Sunil, his associates and the All India Pickleball Association now has over 5,000 enthusiastic pickleball players and growing each day. These are just a few of great accomplishments over the past nine years and the IFP is very proud and thankful for all that they have done.

I had the pleasure of Sunil visiting me in Goodyear, Arizona this last month. I want to share with you that among the many things he has accomplished he has a great passion for teaching the youth to play pickleball. It was in 2008 when the first ever 8-day school camp for youth was held at St. Thomas High School in Goregaon. This event brings youth together for a summer camp where they teach youth how to play the game of pickleball. Another passion is his belief that pickleball offers fitness by default to everyone. In the early days of developing pickleball in India he had a motto "Fun with Fitness" and the AIPA coined that phrase. With this came the belief that anyone with reasonable fitness can play the game of pickleball, so in 2016 the AIPA changed its motto to "Sports for Life". Sunil has a strong belief that pickleball has many benefits for health and a long life. I also found out that he's a pretty darn good pickleball player and I enjoyed the many fun and challenging games!

Please share my congratulations and welcome Sunil as our newest IFP board member.

Cheers Pat Murphy



Pat Murphy, President IFP
Email – president@ifpickleball.org

सुरेश प्रभु
SURESH PRABHU



रेल मंत्री
भारत सरकार, नई दिल्ली
MINISTER OF RAILWAYS
GOVERNMENT OF INDIA
NEW DELHI



MR/3/273/2015
Date: 23/11/2015

प्रिय श्री. वालावलकर जी,

ऑल इंडिया पिकलबॉल असोशिएशनने सन २००९ पासून करीत असलेले कार्ये एक उत्तम व जनसामान्यांसाठी फार उपयोगी असे कार्य ही संस्था करीत आहे. सदर खेळाचे रेल्वेच्या अधिकृत सुचीमध्ये समावेश करण्याबाबत प्रयत्नशील राहीन.

कळावे,

आपला स्नेहांकित,

सुरेश प्रभु

श्री. सुनील वालावलकर,
सचिव, ऑल इंडिया पिकलबॉल असोशिएशन,
१८/बी, धवलगिरी, सोनावाला रोड,
गेरगांव (पूर्व), मुंबई : ४०० ०६३.



महापौर, मुंबई

स्नेहल सूर्यकांत आंबेकर

महानगरपालिका सभागृह,
महानगरपालिका मार्ग, सी. एस. टी., मुंबई - ४०० ००१,
दूरध्वनी कार्यालय : २२६२ ०४७० / २२६२ १०२०
फॅक्स क्रमांक : २२६९ ६७६९



क्र. एम. एस./६६६ / एम.
दिनांक : ०६ सप्टेंबर २०१५.

प्रति,
श्री. सुनिल वालावलकर,
सचिव, ऑल इंडिया पिकलबॉल असोसिएशन,
१८/बी, धवलगिरी, सोनावाला रोड,
गोरगांव (पूर्व), मुंबई-६३.

महोदय,

महापौर चषक क्रीडा स्पर्धेच्या आयोजनामध्ये 'पिकलबॉल' या नव्या खेळाचा अंतर्भाव करण्यासंदर्भातील आपले दि. ३१ ऑगस्ट २०१५ चे पत्र प्राप्त झाले.

पिकल बॉल ह्या नव्या खेळाचा महापौर चषक क्रीडा स्पर्धेकरिता अनुदान सहाय्य न देता केवळ सदर खेळाचा प्रचार व प्रसार करण्याकरिता प्रोत्साहनपर म्हणून महापौर चषक स्पर्धा आयोजन करण्यास परवानगी देण्यात येत आहे.

कळावे,

आपली स्नेहांकित,

(स्नेहल सू. आंबेकर)

चंदेरी यश : गोरेगावचे सुनील वालावलकर

पिकलबॉल स्पर्धेत अमेरिकेत फडकला तिरंगा

लोकमत न्यूज नेटवर्क
मुंबई : गेल्या काही वर्षांपासून देशात पिकलबॉल खेळ प्रचंड लोकप्रिय होत असून, मुंबईतही या खेळाची क्रेझ वाढत आहे. त्यातच, गोरेगावच्या सुनील वालावलकर यांनी थेट अमेरिकेत तिरंगा फडकावताना आंतरराष्ट्रीय स्तरावर भारतीय पिकलबॉलची छाप पाडली. बेनब्रीज कप स्पर्धेत ५५ वर्षांवरील गटात रौप्यपदक मिळवत वालावलकर यांनी भारताचे नाव उंचावले.

‘मिनी टेनिस’ म्हणून ओळखल्या जाणाऱ्या पिकलबॉलची ही मानाची स्पर्धा फ्लोरिडा येथील पिक्टोना पिकलबॉल सेंटर येथे ७ ते ११ एप्रिलदरम्यान पार पडली. पुरुष दुहेरीत ५५हून अधिक वयोगटात वालावलकर यांनी चंदेरी यश मिळवले.

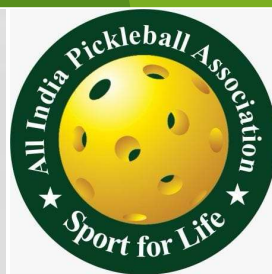


आक्रमक फटका मारताना सुनील वालावलकर.

अंतिम लढतीत वालावलकर आणि त्यांचे अमेरिकन साथीदार माइक कोप्ले यांना केन हटलस्टोन-रायन बर्क या अमेरिकन जोडीविरुद्ध २-११, ५-११ अशा पराभवाने रौप्य पदकावर

समाधान मानावे लागले. त्याआधी वालावलकर-कोप्ले यांनी सेसी रॉय-ओसीकोविझ जीनी यांना ११-८, ९-११, ११-२ असे नमवत अंतिम फेरीत गाठली होती.

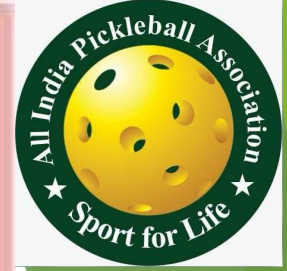
वालावलकर यांनी २००७ साली अमेरिकेतील हा खेळ भारतात आणला. त्यानंतर त्यांनी देशभरात या खेळाचा प्रसार केला. गोरेगाव येथून सुरुवात झालेला हा खेळ आज जवळपास प्रत्येक राज्यात खेळला जातो. वालावलकर यांनी पहिल्यांदाच पिकलबॉलच्या स्पर्धेत पदक मिळवण्याची कामगिरी केली हे विशेष. ‘पिकलबॉल खेळाची मी भारतीयांना ओळख करून दिली, मात्र याच्या प्रसारासाठी मला अनेकांचे सहकार्य मिळाले. आज भारतीयांचा स्तरही खूप उंचावला असून, या सर्वांसोबत खेळताना माझ्या खेळातही सुधारणा झाली. त्यामुळे माझे हे पदक मी भारतीय पिकलबॉलपटूंना समर्पित करतो,’ अशी प्रतिक्रिया वालावलकर यांनी ‘लोकमत’ला दिली.





**PICKLEBALL = FAMILY + FRIENDSHIP + FITNESS
+ FAME + FORTUNE + FUN**

Victory Sports Bharat



AIPA 2007-2025

HARD WORK
PERSISTENCE
LATE NIGHTS
REJECTIONS
SACRIFICES
DISCIPLINE
CRITICISM
DOUBTS
FAILURE
RISKS

